



CBS EXPRESS

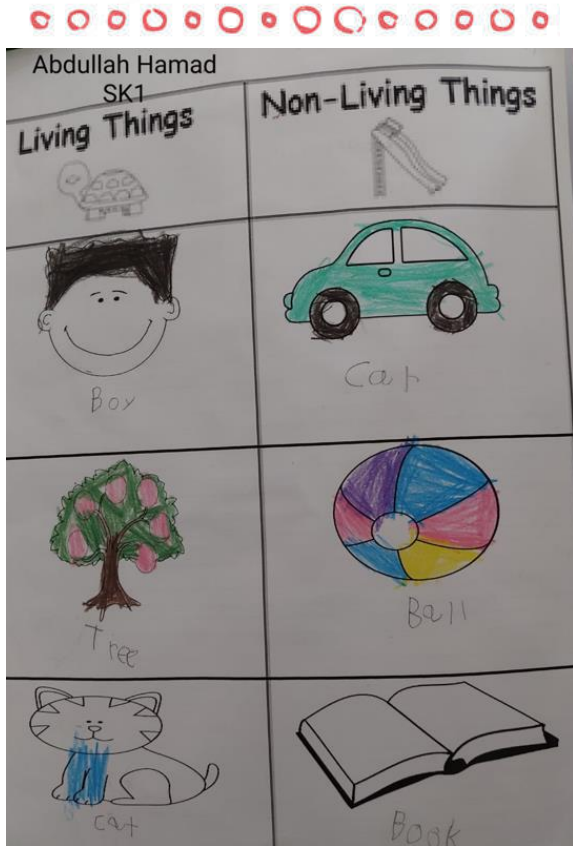
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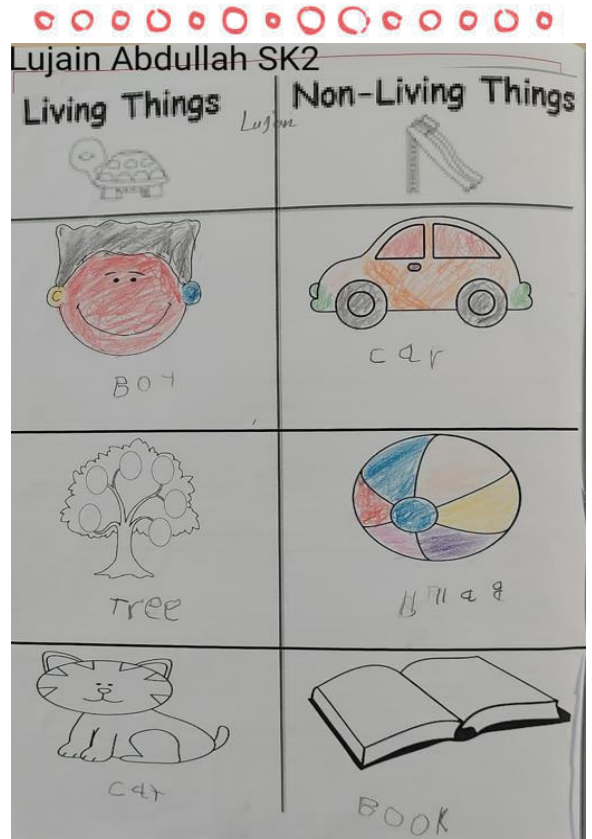
INTERNATIONAL DAY



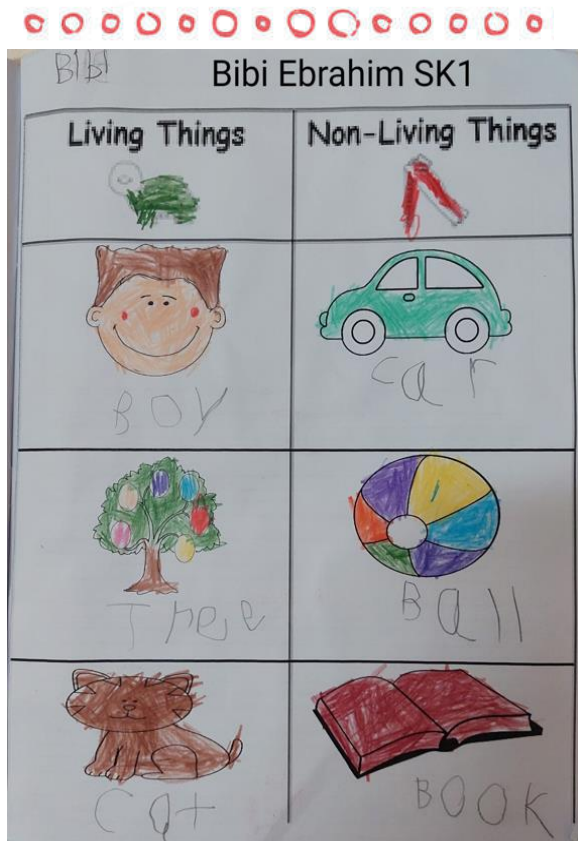
Special days appear throughout the calendar year as a way and means to promote collaboration and develop community. Be sure to check the school calendar and/or the list of upcoming events on the last page of the newspaper for our next special day.



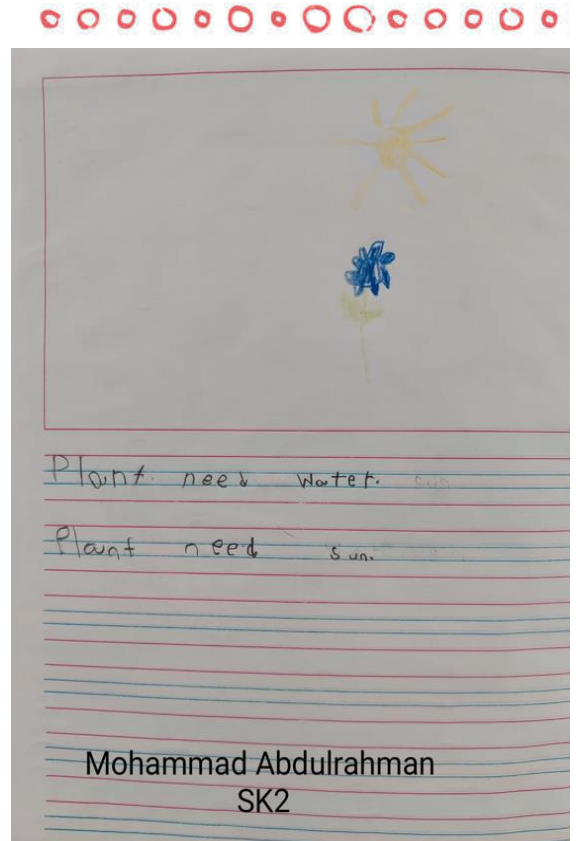
Abdullah Hamad SK 1



Lujain Abdullah SK 2




Bibi Ebrahim SK 1





Mohammad Abdulrahman SK 2





Sultan Majed SK1


Name: Sul+ah  an

I See a cab 

I See a Fah 

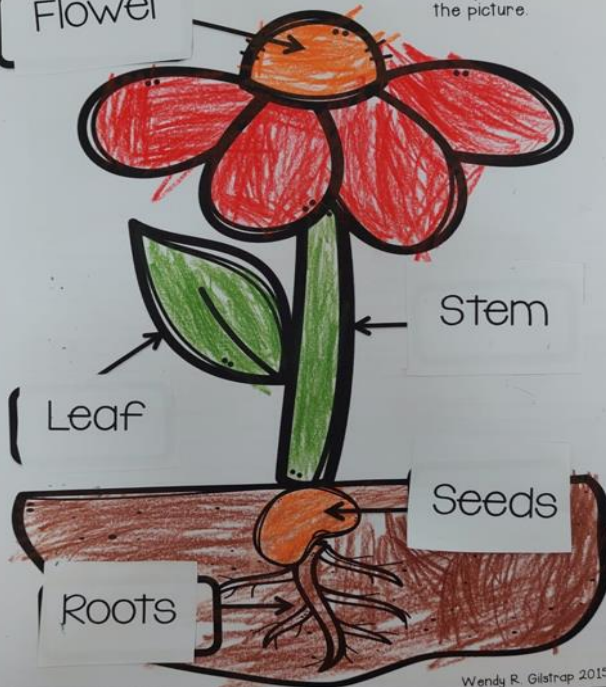
I See a pan 

I See a Van 

I See a Man 

Parts of a PLANT!

Label each part of the plant: stem, leaf, roots, flower, and seed. Color the picture.



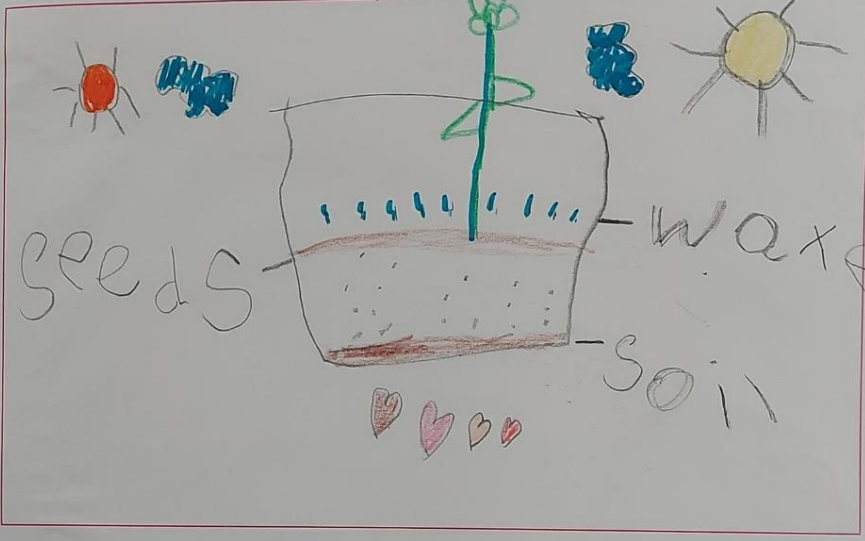
Wendy R. Gilstrap 2015 ©
Mariam Abdul Aziz SK1

Sultan Majed SK 1

Mariam Abdulaziz SK 2




Loulwah 4/11/2021



Loulwah Mohammad SK2

Loulwah Mohammad SK 2

14-11-2021 Eiqma
summer tfee




Summer is the best season.
I think summer is the best season.
I like summer because I can go swimming.
I can eat yummy ice cream. Also, I can
play outside and enjoy the sun. that is
why summer is the best season ever!

Eidah Ahmad 2D

Eidah Anmad 2D

15-11-2021 Jassim Abdul Aziz
2C

i am runnig




Playing Outside Is The Best
I thing outside is the best.
I like pkying outside becaus
I can ran with my friends. I
can play different games. Also
I can exercise and enjoy the san
outside. That is why phyng outside
is so much fun!

Jassim Abdulaziz 2C



Amir Talal Grade 2B



Winter is th best.
I think winter is betar then som men.
you can make a snow man.
you can drink hot milk.
you can play a snow ball fight.
you can brak sun glass.
that is why I think winter mor
thet summer

Amir Talal 2B

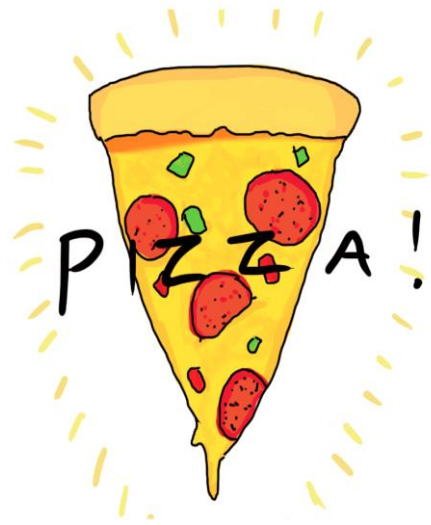


Najat Abdullah 2D

Pizza is the best food ever
 Pizza is the best meal. It is delicious.
 It is have different topping. It is yummy
 and crispy. That way the pizza is my
 favorite.



Najat Abdullah 2D



Yousef Yaqoub 2A

Yousef Yaqoub
 Grade 2A



Reading a book is the best.
 I think reading a book is the best.
 some book are funny and
 some books are sad.
 some books give us information,
 and some books teach us things.
 that's why reading book are the best.

Mohammad Mashaal 4A-B

My name is Babo and I am scary! I have one eye, five legs and two horns. I have two sharp teeth. My mouth is big and red and my head is long and brown. Oooo! Look at me! I am a big scary monster!



Nouf Raed Grade 4A-A

My monster's name is Blary. One time at night, I heard a sound "mpa, mpa, mpa." I thought to myself "never mind" and I went back to sleep. Suddenly, I heard the sound again sound "mpa, mpa, mpa." It came from under the bed. I looked, but I couldn't see anything. So, I went back to sleep.

When I heard the sound for the third time, I woke up and checked under my bed again. There I saw a monster putting on lipstick! She looked big and had messy hair. Her arms were hidden under her sleeves, but she was smiley and very funny!



Rateel Adel 4B-A

My monster's name is Growy. He lives under my bed. He eats the earth. Growy sounds like a cow when he growls. He is over 100 years old and is very scary and funny.



Yousef Ahmad 4B-A

Hi, this is my monster. His name is Maximillian and he loves blood. He hurt 1 million people and he has an eye inside of his eye! Moreover, he has an invisible leg!



Dear Miss Gihan,

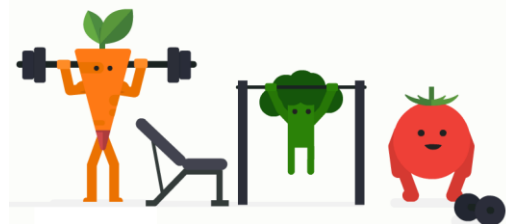
Fifty per cent of children forget things, whether it is their backpack, pencil case or even their most prized possession. Unfortunately, they can also forget their lunchboxes. Eventually, they will be starving, and I know we cannot share our food due to the COVID19 scenario and Ministry of Health mandates. The only logical solution is to reopen the school canteen. I hope you will acknowledge all the arguments I will present today and benefit from them in the future.

Multiple students bring junk food like popcorn, chips and even burgers to school, and we cannot stop that from happening unless we use their disadvantage as an advantage, by filling the whole canteen with healthy snacks. Eating healthily reduces the chance of getting sick and keeps your mind focused. By eating healthy, one can avoid diseases such as obesity, juvenile diabetes, digestive issues, etc. In that case, students who forget their lunchboxes will have no other choice but to buy healthy food from the school canteen, and this will lead to a better healthy lifestyle and reduce the chances of falling sick.

Are you tired of seeing children walk back and forth to get to the canteen and then walk back to class? There is always a solution! You can set up multiple mini canteens all over the school by using some unused rooms to turn the long walk to the canteen into a short stroll. On top of that, the canteen should be occupied with many food handlers following health and safety rules. In addition, let us consider furnishing the canteen with tables and chairs to maintain social distance whilst we eat. Here we go! Eat healthily, sit safely, and boost your energy before you walk to class.

I hope you are satisfied with the arguments I have presented today and will consider my ideas in our school and move towards a physically healthy school environment.

Adam Talal Bissar 6A-A



Ms. Gihan
Principal

Canadian Bilingual School.
Kuwait

Haya Ahmad
BL-4 St-5

Shuhada,
Kuwait

We should have an extended recess time to play longer and have fun. We can set up lots of games and still have fun. We can do things in more extended recess such as play for some time, then we chat with our friends a lot and laugh. We can also greet the teacher that we see near the field.

Reading a book or sharing a story with our friends is a wonderful way to relax our minds and be fresh for classes for the rest of the day. We can take our minds off tests and quizzes and can sit in peace.

During a more extended recess period, we can also exercise by running and walking; and it is perfect for your body. We will get our bodies moving and not be tired of everything. We can spend more time playing sports like volleyball, basketball, soccer and much more; and have so much fun! Students will have good energy for tests and be more attentive during instruction time and in turn it will increase our academic productivity.

Yours faithfully

Haya Ahmad

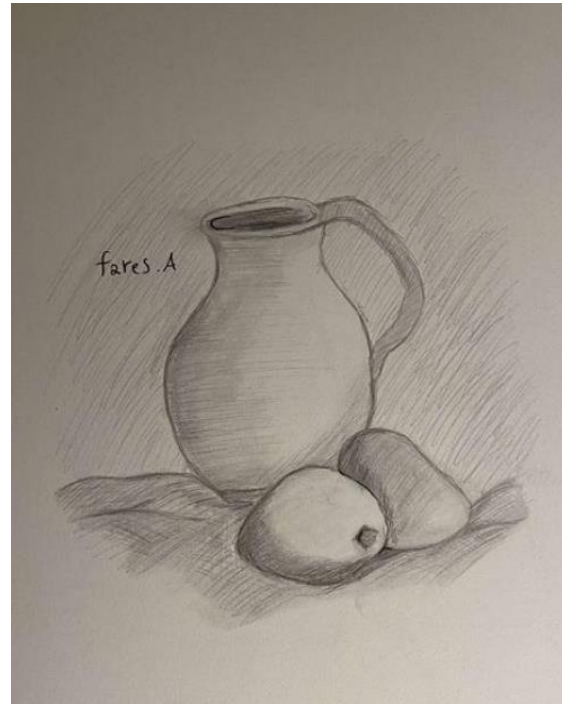
Haya Ahmad Gr 6A-A





Fahed Hussein

Gr 12A



Fares

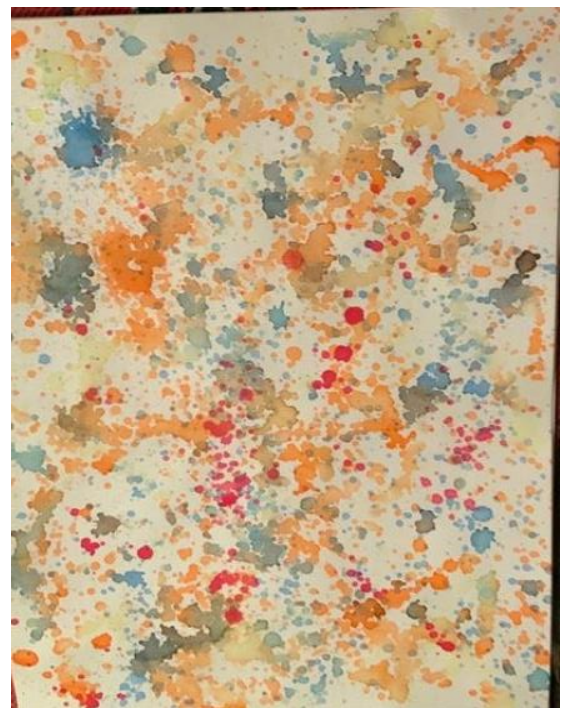
Abdullah

Gr 10A



Hamad
Meshari

Gr 10A

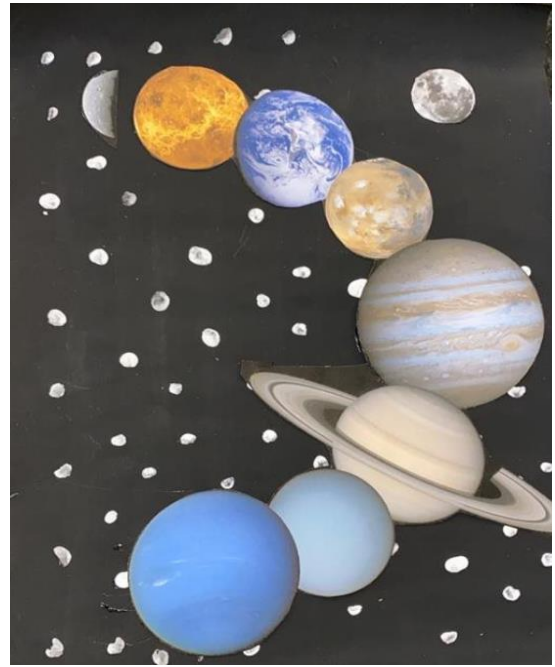


Haya Ahmed
Gr 6A-A



Samera
Bader

Gr 6A-A



Abdulwahab

Abdullah Gr 6B-A



Asmaa
Yousef

Gr 8A-A



Fahad
Khaled

Gr 12B



DAY TRIP TO THE DESERT

It was the 19th of January 2016. I was playing *Guess Who* with my sister on my iPad. We played at least ten games, and I won most of them.

My father called us both to have a family meeting. My father said, “Your mother and I came up with the idea to go to the desert tomorrow at 6:00 in the morning!!” My sister and I got so excited that we packed our stuff right away. My mother checked our bags to make sure that everything we needed was there. My sister and I talked about it all day in excitement and made a list of activities we could enjoy whilst on a desert camping trip. We all slept early, as we were looking forward to an early start the next day. We hopped in the car, and on the way, we bought flashlights and other essentials to accommodate the desert camping needs.

It had been 2 hours of driving, but we finally arrived. We barely stood up because we had been sitting for way too long. The temperatures were freezing in the desert by the time we reached. I asked my father, “Why did we come here in January?” To that, he said, “2 things; one is school and the second is that in the summer it will be too hot.” We wore our jackets and built a tent. Good thing we got flashlights; if we did not, we could not have made the tent. After resting for some time and exploring the desert area around us, we were exhausted and slept off.

We woke up at 8:00 am. First prayed, then ate bread with jam for breakfast. My father and I set up the buggy and drove around. It was my sister’s turn, and we prepared to cover our ears because we all knew that she would scream. My mother and I were laughing as we heard my sister’s scream fading in the distance as my dad drove further away. “AAAaaa!” Then my parents went on the buggy ride while my sister and I played in the tent. After our parents came back, we all played Anhash Ya Altheeb.



Grade 8 Writing Cont'd



DAY TRIP TO THE DESERT Cont'd

We all decided to play competitive games. The first competition was a race. We had to run up the hill and back. We all started running; I was in the lead, I was winning, then out of nowhere, my father picked me up and threw me to the ground, and I rolled down to the starting point. I waited because there was no chance for me to win, and my father won.

It was a cold and scary night. We lit a fire to keep ourselves warm. We reminisced about all the fun and some of our favorite moments. We slept happily. We woke up in the morning and sadly got in the car and drove back home. We arrived home, washed and called it an early night. I wish we had stayed there one more day, but my father promised to take us on more camping trips soon.

Abdullah Ahmed 8B- A



Adults or grown-ups do not take teenagers seriously

Adults or grown-ups do not take teenagers seriously because they see them as kids because of their age difference. I think they should take them seriously from my experience and from what I have seen, many teenagers have created machines that we use daily. For example, a teenager has made the machine built to help with laundry; she was only 14 years old, which caused people to be surprised and became an inspiration to fellow teenagers. Many teenagers have inventions to their credit, which could benefit humans, but instead, they are looked down upon. It is unfair for them not to have a chance to show people or the world what they can make. Adults view teenagers in a way that makes teens fed up with life because of adults, so, I do not see why they cannot just give them a chance. I hope adults or grown-ups change their perspective about teenagers and learn how much potential someone can be no matter their age.

Adults tend not to take them seriously because they think teenagers have not been through much because of their age. They believe that teenagers are not fully developed and have not matured yet, so they skip their opinions and suggestions. I have researched why teenagers are not taken seriously is what someone said arrogance of experience, which means that the way adults see it is that the more experience you have, the more you have. Most people think that as you grow older, you have the benefit of age. I can see why they think that, but it is not one hundred per cent true or a fact. There is way more teenagers and even kids that are more mature and understandable than adults. I have seen some teenagers and kids handle situations that adults are supposed to be responsible for, and they handled it well, but the parent did not listen to the teenager and continued to fight with the stranger.

It is not fair for teenagers or kids to not be given a chance because they have something going on in their lives, but they think it is a joke. Let us take bullying at school as an example; it is widely prevalent among teenagers, but many parents or guardians see it as a play fight when it is not! It has caused many students to become introverts or commit suicide - all because of bullying. It could have been stopped if adults were being educated and made aware of the mental health issues.



Grade 10 Writing Cont'd

Teens can hate and get angry at adults because adults shut them down and tell them that they are kids and do not know anything in the world when they try to speak. I understand why adults do not take them seriously because of the joke or how their minds work, but the least adults can do to be more understanding, place trust in the child and be more patient. If they do, it is guaranteed that many school bullies or just teenagers' behavior will change for the better.

What teenagers want is just a chance to talk and have opinions on situations. If the parents want teenagers to become what they want, listening to their kids gives them a chance to show their love, protectiveness, and faith. Adults have the mindset that you are ten times better if you are older, but it is not entirely true. The more experience you have, the better, but some teens have been through a lot more than some adults. When teens have more experience than adults, they refuse to accept this reality. It is not fair for a teen to not be given a chance or even a kid. I think teens should be taken more seriously and bridge the gap for a better future for all.

In the end, I think that if you give someone younger than you a chance to talk about anything, it only widens one's perspective of the world around us. The simplest idea can change how the world works for good; a chance can change everything. Teenagers can produce very extraordinary ideas, and some ideas can turn into the greater good for society. It is a guarantee that many things will change if you give anyone, not just teenagers, a chance. The more chances they get, the better they learn from experience and mold into a better individual and citizen.

Khaled Basman Gr 10A



Is happiness something we can control?

Humans can feel a variety of emotions as they grow up. However, as we know, there is one emotion that everyone tries to seek in life: happiness! Nevertheless, many people think that the only way they could be happy is when they reach a specific goal when trying to achieve happiness. Although that can be true, we all know how life can have unexpected events, which we cannot control, just like how we cannot control our real emotions. We can change certain things and routines to fulfil the happiness we want, but what brings us happiness can only be decided by fate and what is around us. Even so, we can still control others' happiness by the actions we do and what we say. There can be many opinions on whether people can control happiness, but our real emotions cannot always be controlled the way we want them to.

Many people experience happiness in unusual ways, whether by getting their dream job or simply by getting a call from a friend. These feelings that come now are not things we easily control and choose or not choose to show. The happiness we get from these little things and achievements shows everyone how each person truly expresses themselves in their way, which is why happiness cannot always be easily controlled. It is decided by fate which is the inevitable events that are to happen in a person's life. We should accept the happiness that comes to us, primarily because this type of happiness is what many people seek and wish to have in every minute of their lives.

Although these emotions are not easily achieved, there are ways to change your lifestyle to make happiness easily found in life. Instead of always expecting things to come and bring happiness, we should start appreciating what we already have. It can make us happy about the petty things that have always been there throughout our lives. People should focus more on the experiences instead of the quality of things. Focusing on what is around you and the unimportant things you have can bring you a life full of happy moments that one can always cherish. These experiences can bring us joy, and memories can be shared with people who spread happiness along their way. This way, the cycle of happiness can continue and be shared around.



Grade 12 Writing Cont'd

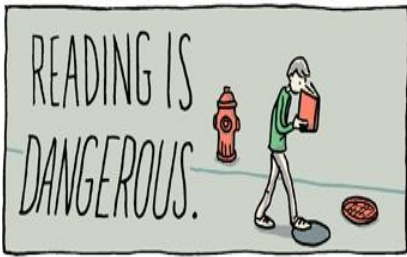
Is happiness something we can control?

Nonetheless, there is one happiness that can be easily controlled: other people's happiness. The way you act, your actions, and what you say can quickly affect other people's emotions, which is a reason to do good things around everyone, especially those you love. You could compliment the person, make jokes or mess around, and even be there for them to get the happiness they need. Seeing contentment in others can also bring untold joy to you. It is a desire to see happiness in yourself, so why not make others get the happiness they desire.

Controlling happiness depends on the situation you are experiencing. Whether it is happiness that you get from the things you love or creating space to bring happiness yourself, it is not always easy getting the pleasure you want to have in your life. However, happiness is undoubtedly coming with arduous work and appreciation for the trivial things you have. Controlling happiness can even mean controlling other people's happiness. If you cannot achieve your happiness, helping others achieve them can bring you the contentment you desire. However, happiness can only be controlled when you work to get the happiness you deserve.

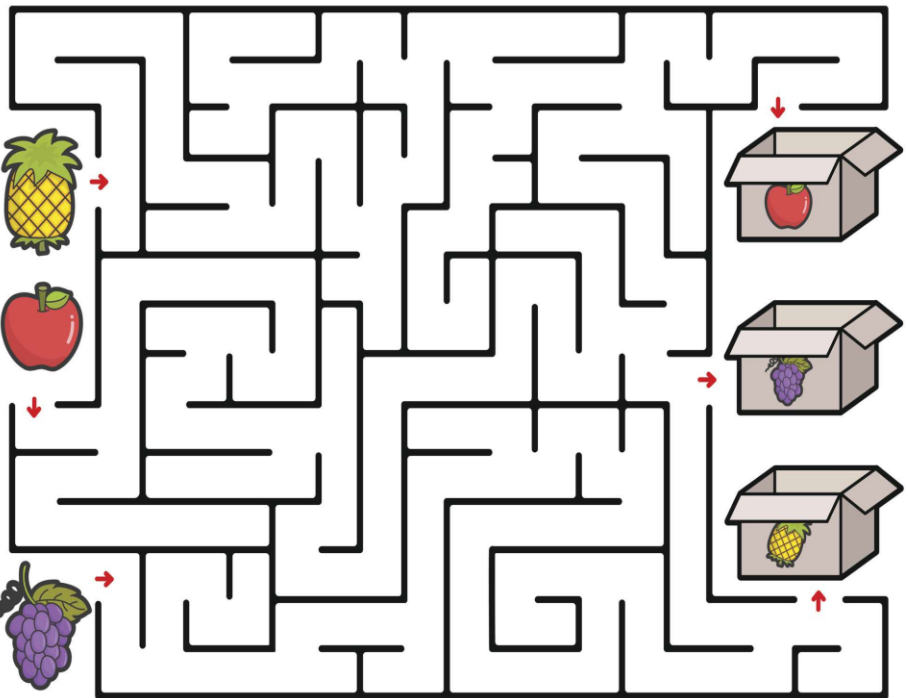
Sheikha Al Ansari Gr 12A





Fruits

1.Grape 2.Strawberry 3.Watermelon
4.Apple 5.Lemon 6.Orange 7.Pear
8.Pineapple 9.Pomegranate 10.Banana



GUESS THE LOGOS



UPCOMING EVENTS at CBS



2nd Instalment fees due- Dec 1st

Arabic language day– Dec 2nd



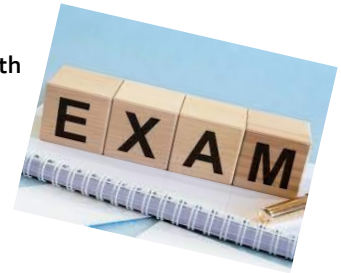
Orange Day- Dec 2nd

Post-secondary info parent workshop (GR11-12)– Dec 6th

Twin day- Dec 9th

Assembly : Global Citizenship (1A,1B) – Dec 9th

Gr 1 healthy living: Apple day- Dec 12th



ES Midterm Assessment Week : GR 3 – Dec 13th –Dec 22nd

ES Midterm Assessment Week : GR 4-5 – Dec 5th –Dec 22nd

HS Midterm/Sem-1 EXAMS : GR 6-12 SEM-I EXAMS : Dec 13th –Dec 22nd

GR 1-2 PARENT ENGAGEMENT EVENT / Early Bird Orientation- Dec 20th

QUARTER 2 ENDS – Dec 22nd

WINTER BREAK- Dec 22nd – Jan 6th

